

# Anterior Open Bite



An anterior open bite is a condition where a patient's top and bottom front teeth are unable to make contact, often including teeth that protrude outwards.



Anterior open bites vary in severity and cause. Some factors that can lead to an anterior open bite include thumb sucking and pacifier use in children, airway irregularities, mouth breathing, sleep-related disorders, such as snoring and apnea, as well as disproportionate facial bone growth in adolescents and adults.



While oftentimes the primary concern of patients with an anterior open bite relates to their appearance, other complications include speech difficulties, disproportionate wear to the rear teeth, jaw muscle pain, and trouble eating due to inability to bite into food.



There are a variety of solutions that can assist with correcting an anterior open bite. Your doctor will work with you to determine a treatment plan that best fits your unique situation and needs.

